

## **YAMBIRO! KUPISA MASHIZHA KUNGANGOKANGANISA HUTANO**

Moto yekupiswa kwemashizha muguta reHarare yawanda izvo zvabva zvawedzera njodzi kuhutano hweveruzhinji nokuda kwemweya wasvibiswa.

### **Nemhaka yei iwe uchifanirwa kungwarira?**

Kupiswa kwemashizha kunehutsi hwakafanana nehuya hunobuda pakutsva kwefodya, uhwo hune huturu hunokonzera gomarara nezvimwe zvirwere zvakasiyana-siyana. Hutsi hwemashizha hunoburitsawo mweya we *carbon monoxide* uyo unokanganisa hutano. Kupisa miti nemashizha kunokonzera kupisa kwekunze nekushanduka kwemamiriro ekunze. Mweya wakasviba uyu unenge uine chefu isingakwanisi kuonekwa nemaziso iyo inonosvika kumapapu yogaramo kwenguva refu. Kana munhu akafema mweya iwoyu zvinokonzera zvirwere zvepapu pamwe chete nekuderedza huwandu hwemweya unofemwa nemunhu zvinobva zvavhiringidza kushanda zvakana kwemapapu Mweya uyu unogona zvakare kukonzera chirwere che *asthma*.

Mashizha anogara nehunoro uye anotsva pasina mweya wakakwana. Izvi zvinokonzera kuti atadze kutsva zvakana zvobva zvoita kuti muhutsi uhwo muve nechepfu inonzi *hydrocarbons*.

*Hydrocarbons* akaita se *aldehydes* nema *ketones*, anokonzera kurwadza kwe maziso, mhino, pahuro pamwe nemapapu zvinozopedzisira zvakonzera chirwere chegomarara nekufamba kwenguva.

Mweya we *carbon monoxide* mweya usingaoneki nemaziso edu uyo unobva mukupiswa kwemwanda yemashizha. Mweya uyu unonopinda muropa uchifamba nemumapapu. Izvi zvinoderedza mweya wakachena unosangana neropa unodiwa nemuviri. Vana varimudumbu, vachangozvarwa, vanoputa, vakwegura nevanezvirwere zvemoyo nemapapu ndivo vari panjodzi yemweya we carbon monoxide.

### **Ko vanhu vangaita sei? Gadzirai manyowa ecompost!**

Aya manyowa anogadzirwa kubva pamaruva amunotema pamba nemiriwo yamunorasira mumabhini. Tumbuyu tunodya nekusanganisa marara ose aya kuaita manyowa. Izvi zvinokasikiswa nekupota muchidiridza manyowa aya nekuapindura kutiwo anyatsosangana. Munogona kuafukidza nepurasitiki kuitira kuchengetedza mwando.

### **Ko compost inoshandiswa sei?**

Manyowa ecompost anogona kushandiswa mupoto dzemaruva dzepamba uye anogonawo kuiswa pasi pamaruva kana mumapindu kuitira kupfumisa ivhu. *Compost* inogonawo kuparadzirwa pamusoro peuswa hwepamba. Kugadzira *compost* inzira yekushandisazve marara uye inosimbisa ivhu. Inobatsira kuti ivhu rigare rakanyorovera riine kudya kwakakwana. Kana mashizha akasanganiswa nehushwa mukugadzira manyowa ecompost, manyowa aya anenge akaisvonaka uye aine kudya kwakakwana kunodiwa nezvirimwa.